



# Rainbow Day Camp

Everything you need  
to know for 2022

Please read all information carefully.



**PHONE NUMBER AT CAMP**  
**226-343-7246 (226-343-RAIN)**

**Camp Office: Portable 3 (There will be a sign on the door)**  
**Camp Director: Alyssa Wensing**

Dear Rainbow Families:

Welcome to Rainbow Day Camp for the summer of 2022! We hope this information package answers many of your questions.

**Pick-up and drop-off location: 221 Scottsdale Drive – St Rene Goupil School**

We will have large signs of where to drive in to drop-off and pick-up your camper. Drop – off time will take place from 8:30 am – 9:00 am each morning and pick-up will take place from 4:00 pm – 4:30 pm.

We are asking that parents drop off at the gate and one of our counsellors or volunteers will lead your camper to their group.

**Screening:**

We ask that families complete a pre-screen each day before your camper attends camp. It will be the screening provided for daycares and schools.

<https://covid-19.ontario.ca/school-screening/>

Counsellors at the pick-up table will have a list of designated people authorized to pick-up your camper(s) at the end of each day (indicated on the registration form). We will not release campers to individuals who are not on the list. If your plans change and someone other than yourself or the individuals listed will be picking up your camper(s), please call us at camp **(226 343 7246)** to update your file. You may be asked to send an e-mail to prove your identity on the phone.

***Please be ready to provide ID.***

If your camper is not at camp by 10:00am and we haven't been alerted of the absence, we will call to check on their whereabouts.

**COVID 19 Policies and Procedures**

Please take a moment to familiarize yourself with Rainbow Day Camp's [COVID 19 policies](#) for summer 2022. (Please note these may change depending on guidelines from Public Health)

**HIGH FIVE®**

Rainbow Day Camp has achieved Accreditation with [HIGH FIVE®](#), an initiative of Parks and Recreation Ontario. HIGH FIVE® is Canada's comprehensive quality standard for organizations providing sport, recreation and children care programs to children aged 6

to 12 and is designed to support the safety, well-being and healthy development of children. To maintain accreditation, Rainbow has to be evaluated and monitored year-round to ensure the quality of our program continues to be top notch!

### **First day of camp**

Mondays are always an exciting day at camp – we are meeting new friends and welcoming back long-time buddies. But it can be stressful for campers and even a bit for parents!

You should receive an introductory call from your camper's counsellor the weekend before camp starts – they want to say hello and answer any last-minute questions you may have. For those campers coming for multiple weeks, your counsellor may just find you at camp to introduce themselves.

A new resource for this year is after you receive a call from your counsellor you can visit our [meet the counsellors](#) page to learn more about them.

Camper cohorts are arranged by age and grade level. While every effort is made to keep friends together when requested, we may not be able to accommodate putting campers together who are 2 or more years apart.

Before the first day of camp, **you will receive:**

- An e-newsletter outlining the activities for the week, a reminder link to the daily screening questions and any other pertinent information you will need. **\*\*If you do not receive your newsletter by the Friday before camp, please e-mail the Administrator at [rainbowdaycamp@gmail.com](mailto:rainbowdaycamp@gmail.com)**

On your first Tuesday (possibly Monday) of camp, **your camper will receive:**

- A camp t-shirt (some kids wear it every day - others never wear it!)

### **CAMPER CHECKLIST**

#### **PLEASE LABEL EVERYTHING!!!**

#### **What to wear (besides shorts/pants and t-shirt/long sleeve)**

Sunscreen – please apply a layer of sunscreen before getting to camp  
Closed-toe shoes are best as we are often on uneven terrain\*

***\*flip flops and Crocs will not be allowed as they are not safe at camp***

Here are some things you'll want to have in your camper's backpack each and every day at camp. **PLEASE LABEL EVERYTHING!!!**

#### **General**

Lunch – nutritious and nut-free please!

2 snacks (also nutritious and nut-free!)  
Water bottle – avoid pop or juice as they are sticky and attract bugs  
Sunscreen  
Hat  
Change of clothes if you think your camper(s) might need it  
Indoor shoes (if you wish)  
Masks (extras)

**Water    Play    Days    PLEASE LABEL EVERYTHING!!!**

Bathing Suit  
Towel

**Small bag just for wet articles** (makes life so much easier for campers and counsellors, and reduces the number of lost articles)

*There will be some water days that campers may choose to not change*



**What to leave at home**

Money and valuables – there is nothing to purchase at camp anyway!  
Electronics – iPad, iPod, iPhone, Leap Pad, DS, etc. – they cannot be used at camp  
Anything with peanuts or nuts in it  
Pokemon cards and small toys that your camper(s) wouldn't want to lose anything –  
COVID guidelines suggest leaving any sharing items at home as well.

**Lost & Found**

By the end of the summer, Rainbow collects quite a pile of unclaimed items. **Please label everything** sent to camp with your campers. You can always check our Lost & Found at any time during camp. Unclaimed items are kept for one week following the last day of camp and then donated to a local charity.

We have partnered with [Mabel's Labels](#), a company with all types of labels that are colourful, indestructible and fun! With a special 'camp pack' available and also a larger combo pack, your camper can label absolutely everything!

**A percentage of all sales from the labels is donated back to Rainbow!**

**Our Staff**

Rainbow hires only the best candidates for our staff each summer. We have a rigorous recruitment procedure and choose only those candidates who can bring our Mission Statement to their job each and every day. All Staff must have current first aid certification

(Standard First Aid and CPR 'C'), a Criminal Reference Check, and training in the HIGH FIVE® Principles of Healthy Child Development. Add to that a love for children and a mature and responsible attitude to deliver our programs and you've got yourself a great counsellor!

### [Meet the Dream Team of 2022](#)

Reminder: after you receive a call from your counsellor you can visit our [meet the counsellors](#) page to learn more about them.

### Nutrition at camp

For the safety of campers, Rainbow Day Camp is 'nut aware'. **Please do not send any peanut or nut products with your camper** – we ask that you check all labels carefully!

From time to time we may also have other allergy alerts in a group. We will keep everyone well informed to ensure the safety of all campers.

There is no access to microwaves or refrigerators, if need be, send a freezer pack.

### Medication

Should your camper(s) require any medication to be given at camp regularly (this includes medication your camper takes on a daily basis but does not include things like Advil for a fever for example), please ensure your Medication Form is filled out online prior to participation. Only the Camp Director and the Assistant Camp Director are allowed to administer medication. Some medication administration restrictions may apply.

### Late pick-up and cancellation policies

#### Late pick-up policy

Campers not participating in the extended camper care program may be dropped off at camp ***no earlier than 8:30am and picked up no later than 4:30pm.***

The Late Pick-up applies after 4:30 pm

- a) First time and less than 15 minutes late - no charge
- b) 5 - 15 minutes late - \$10.00
- c) 16- 30 minutes late - \$25.00
- d) Over 30 minutes late - \$50.00

Parents/Guardians will be billed and payment must be cleared before the camper(s) can return to camp. If you are late, a counsellor will ask you to sign a sheet stating the time you arrived. You will be contacted by the Administrator if payment is required.

If there is an emergency holding you up, please call 226-343-7246

### **Cancellations, changes and refunds**

All changes and cancellations must be done in writing. All cancellations are subject to a \$25 administrative fee.

Cancellations received from June 15th - June 30th will receive 50% of their fees unless COVID related.

There are no refunds for cancellations received after June 30th unless COVID related.

Due to the unpredictable nature of the Covid-19 pandemic, a penalty-free cancellation and a 100% refund of camp fees will be provided if required:

- If a camper is showing symptoms of Covid-19 and we are notified before the start of camp, a 100% refund will be given
- If a camper is showing symptoms of Covid-19 and we are notified during the scheduled week of camp, we will provide a partial refund according to the number of days attended in the week.

If you paid by credit card for any cancellation, we will request a \$10 admin fee. If this is not feasible, please contact administrator.

*Changes to another week are always permitted based on availability*

### **Campers' Health at Camp**

#### **Illness**

Part of maintaining a happy and safe environment is to ensure that all campers and staff present at camp are healthy. When a camper or staff member is ill at camp, they put all others around them at risk of infection.

**Campers with the following conditions will be immediately sent home:**

- fever over 101 F or 38.5 C
- diarrhea - repeated loose bowel movements
- unexplained rashes
- vomiting
- suspected conjunctivitis
- If camper(s) has specific COVID symptoms they may be asked to receive a negative test before returning to camp.
- We will have rapid tests available at camp if campers wish to take a test

#### **Parent Feedback**

In order to continually improve our camp programs, we invite you to send us your comments or feedback – you can call 519-837-0387, e-mail [rainbowdaycamp@gmail.com](mailto:rainbowdaycamp@gmail.com) or ask to speak to the Camp Director when you drop-off or

pick-up your campers. Once your camper attends the final day of camp, you will receive a survey by e-mail.

### **Activities and Programming**

Find out the [daily schedule](#) at camp (which is always subject to change but in general, we strive to keep our timing the same each day)



### **Types of activities we do at camp (just to name a few!):**

- Cooking
- Music & singing (outside)
- Sports and swimming
- Arts & crafts
- Drama & skits
- Nature & adventure
- Active games
- Science
- Special themed Friday activities

### **Frequently Asked Questions **PLEASE LABEL EVERYTHING!!!!!!!****

#### **1. Who will you contact if there is an emergency at camp?**

If there is an emergency at camp the Camp Director (Alyssa) will make every attempt to contact the camper's parents/guardians. If they cannot be contacted, the emergency contact on the registration form will be called.

#### **2. What will my camper do if there is inclement weather?**

No problem! We have plans and adjustments for hot and humid weather. You can still pick up your camper(s) at the regular time but it will be from a different location. Signs will direct you to the new pick-up location so no need to worry.

#### **3. What if I have to pick my camper(s) up at lunch or during an activity?**

If you need to pick up your camper(s) early, please let us know as soon as possible, preferably when you drop him/her off in the morning so that we can make arrangements with you. It is imperative that you call the camp number to let the Camp Director know that you are signing out your camper(s) early. Although the Counsellors and the Camp Director communicate regularly, it's best to tell both of them that your campers is leaving early to avoid any confusion (and panic!). **226-343-7246.**



#### **4. My camper is potty trained but is prone to “accidents”. What should I do?**

If your camper is prone to accidents, please send a change of clothes in a plastic bag on the first day your camper attends camp (and make sure to label everything!). We can keep the extra clothes in the camp office in case the counsellors need it. Please make sure to ask for the clothes on your camper’s last day of camp.

#### **5. My camper has medication (an epi pen, antibiotics, etc.). Who hangs on to these and how is it administered?**

If your camper needs medication at camp, the Camp Director will be in touch with you to discuss details, your specific needs and how to properly administer your camper’s medication. Ensure you fill out the Medication Form online to let us know your camper has medication.

#### **6. Will my camper(s) have to wear the Rainbow t-shirt each day?**

Each camper receives a Rainbow t-shirt on the Tuesday of their first week of camp. Some campers like to wear it every day, but it is not mandatory!

#### **7. What is an inclusion counsellor?**

At Rainbow we offer a fully inclusive environment for all campers and youth. In order to have a positive experience at Rainbow, we provide some campers with a qualified Inclusion (one-on-one) Counsellor to ensure their day at camp meets their individual needs.



#### **8. Does Rainbow have volunteers at camp?**

Yes! Rainbow has anywhere between 8-10 volunteers who come to camp each week. They receive training and support and they provide an extra set of hands to our counsellors. We are VERY picky with who we choose!



We are looking forward to a great summer. If you have any questions or comments, please e-mail or call us – we always love to hear from you!

See you at Rainbow!

Courtney Riddell

Administrator

519-837-0387 - Camp Office Phone

[rainbowdaycamp@gmail.com](mailto:rainbowdaycamp@gmail.com)

[www.rainbowdaycamp.com](http://www.rainbowdaycamp.com)

